

# HOW CAN I LIVE SET APART?

21 JANUARY 2024

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**22 . . . now he has reconciled you by his physical body through death, to present you before God as a people who are holy, faultless, and without blame. <sup>23</sup>But you need to remain well established and rooted in faith and not shift away from the hope given in the good news that you heard.**

— Colossians 1:22-23 (CEB)



**EVERY NATION**  
SINGAPORE

## HOOK

 Start the conversation by saying...

It takes an average of 23 minutes and 15 seconds to refocus on a task after being interrupted or distracted. —A study by the University of California Irvine

## ENGAGE

 Go deeper with this...

What is one thing that distracts you or makes you lose focus?

## LINK

 Connect to God's truth by sharing...

- As we strive to live in a way that pleases God, sometimes struggles, pain, and sin distract us from remaining firmly established in our faith.
- But Jesus' death and resurrection present us as pure and holy before God and give us victory over these.
- Because of this, we can continue in the faith by:
- Realizing Jesus is the only way, no matter what the world tells us.
- Being at peace because we know God has a plan for us.
- Not judging but forgiving and seeking reconciliation with others, because God has forgiven us.
- Fighting sin in our lives by the power of the Holy Spirit.

## PAUSE

 Pick a question and pray together...

### **Discuss Together** (*pick one*)

- What are some struggles that you feel shake your faith and trust in God? (e.g., Losing a job, feeling betrayed or judged, doing something wrong)
- What are some voices you hear that may seem louder than God's voice?

### **Pray Together** (*pick one*)

- Pray that you will do what is right and pleasing to God in spite of any hardships or temptations you encounter.
- Thank God for Jesus, who ultimately makes us holy and right with God. Pray for God's power to overcome a specific struggle that you may be having with regard to your faith.

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**<sup>14</sup>Strive for peace with everyone, and for the holiness without which no one will see the Lord. <sup>15</sup>See to it that no one fails to obtain the grace of God; that no “root of bitterness” springs up and causes trouble, and by it many become defiled . . .**

— Hebrews 12:14-15 (NIV)