MELT THE DOUBT AWAY

24 MARCH 2024



⁴Jesus replied, "Go back and report to John what you hear and see: ⁵The blind receive sight, the lame walk, those who have leprosy are cleansed, the deaf hear, the dead are raised, and the good news is proclaimed to the poor. ⁶Blessed is anyone who does not stumble on account of me."

— Matthew 11:4–6 (NIV)



HOOK



Start the conversation by saying...

A University of Hawaii study in 2016 cited that fairy tales can help children with emotional and social development, such as resolving conflicts healthily and coping with anxieties.

ENGAGE



Go deeper with this...

What is one fantasy or fairy tale you used to believe was true (e.g., Santa Claus, tooth fairy)? When did you stop believing it?

LINK



Connect to God's truth by sharing...

- Sometimes we question God because of hardships, disappointments, or unmet expectations.
- But we can overcome doubt by trusting that Jesus is sovereign, and He loves us.
- We can remember the things God has already done for us. We can also recall Jesus' words and proclaim them in our lives.
- Rather than being critical or unrepentant, our hearts must remain open and humble to hear what God is telling us and to obey Him.
- When we trust that God loves us and has a plan for us, we can overcome doubt and live in faith.

PAUSE

Pick a question and pray together...

Discuss Together (pick one)

- Has there been a time that your faith wavered (unanswered prayers, unfulfilled hopes)? How did you respond to it?
- Encourage one another with a Scripture they can proclaim over their situation.
- What is one thing that you can definitely say Jesus did for you in the past?

Pray Together (pick one)

- If there has been a time that you doubted or questioned God, pray to have His assurance and peace that He is in control and He has a plan.
- Pray for your faith in God to grow continually each day. Pray for a heart that is open and humble to hear and obey His directions as we meditate on His Word.

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I want you to recall the words spoken in the past by the holy prophets and the command given by our Lord and Savior through your apostles.

— 2 Peter 3:2 (NIV)

8"For my thoughts are not your thoughts, neither are your ways my ways," declares the LORD. 9 "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."

— Isaiah 55:8–9 (NIV)