

# THE COUNTERINTUITIVE MINDSET

06 OCTOBER 2024

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**Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.**

— Romans 8:5 (NIV)



**EVERY NATION**  
SINGAPORE

## HOOK

 Start the conversation by saying...

What freezes faster, hot or cold water? Here's a counterintuitive fact: It's hot water! (aka the Mpemba Effect)

## ENGAGE

 Go deeper with this...

Tell about one mindset you had in your childhood that drastically changed when you grew older.

## LINK

 Connect to God's truth by sharing...

- When we are in Christ, there's a wrong mindset and a right mindset.
- The wrong mindset is led by flesh and brings death; the right one is led by the Spirit and brings life and peace.
- The right mindset is both counterintuitive and simple.
- Old is new. Wisdom means realizing that nothing is really "new."
- Less is more. Focusing on the essentials in life increases the impact of each one.
- Small is big. Continuous change for the good is what makes you grow.
- Slow is fast. Time is one commodity we can't produce, store, or stop. So we have to use it wisely.
- Having God's wisdom, impact, growth, and timing are hinged on knowing His words and obeying them.

## PAUSE

 Pick a question and pray together...

### Discuss Together

- Of the four themes (wisdom, impact, growth, timing), which do you feel you need to ask God for more of? How can you start developing this?

### Pray Together (*pick one*)

- Pray that you will live according to the Spirit, not the flesh. Pray for the right mindset that brings life and peace.
- Pray for God's strength to increase in His wisdom, impact, growth, and timing.

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**But I am afraid that just as Eve was deceived by the serpent’s cunning, your minds may somehow be led astray from your sincere and pure devotion to Christ.**

— 2 Corinthians 11:3 (NIV)