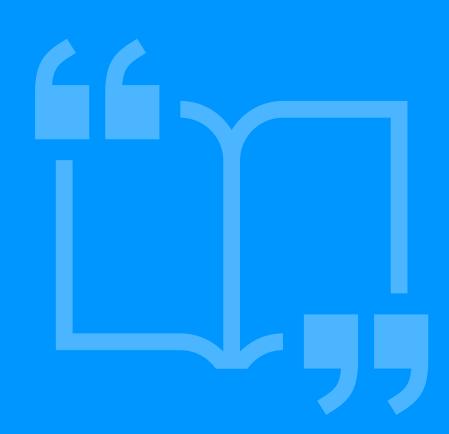
## THEN, NOW, ALWAYS

29 DECEMBER 2024



Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead . . .

- Philippians 3:13 (NIV)



#### HOOK



Start the conversation by saying...

Americans spend more on gym memberships and fitness classes at the New Year than any other time in the year.

#### **ENGAGE**



Go deeper with this...

What is one thing you're thankful for that happened this year?

### LINK



- As we look forward to the new year, let's keep a clear perspective of where we are. We can do this by looking through God's eyes and listening to His voice.
- Release the past. You've made decisions and spoken words you can't change. And surely, you've seen God's goodness in your life. You can look back to see how much you've grown and what you've learned.
- In the present, you might be preoccupied with events, work, family, and so many other things that clutter your mind. But the present is the real time to rest content in God, knowing that He is what you need first, and all other things will follow.
- For the future, focus on what's ahead and press on (Philippians 3:13). God has unseen and unknown plans for you, but the best part is you can trust Him, because He has a greater purpose for you and He loves you.

#### **PAUSE**

Pick a question and pray together...

## Discuss Together (pick one)

- Looking back at this year, what is one important lesson you learned? or one experience that shows your growth (spiritually, relationally, physically, financially)?
- Have you been seeing through God's eyes and listening for His voice this year?
- What is one thing you are hopeful for in the future?

## Pray Together (pick one)

- Thank God for speaking to you this year!
  Pray for God's grace to continue hearing and obeying His voice in the coming year.
- Pray to continue learning the lessons God is teaching you. Pray to be thankful for the past, rest content in Him for the present, and hope in excitement for the future.

# THEN, NOW, ALWAYS

29 DECEMBER 2024



... I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

Philippians 3:14 (NIV)