

WHAT IS THE FRUIT OF THE SPIRIT?

23 FEBRUARY 2025



**²²But the fruit of the Spirit is love,
joy, peace, patience, kindness,
goodness, faithfulness,
²³gentleness, self-control; against
such things there is no law.**

— Galatians 5:22–23 (ESV)



EVERY NATION
SINGAPORE

PRAY

- Thank God for an answered prayer this week.
- Pray that you will bear the fruit of the Spirit more and more each day!
- Pray for God's grace to continue being in a close relationship with Him.

MEDITATE

Engage



Start the conversation with this question...

Have you ever raised plants at home? How was your experience?

Key Points



Connect to God's truth by sharing...

- With the right combination of sunlight, water, and time, a plant will grow and bear fruit. Similarly, when we are in Christ, we will bear the fruit of the Spirit.
- “The fruit of the Spirit is love”—and all the following traits are aspects of love, which never fails (1 Corinthians 13:8).
- As we stay connected to Christ—praying, meditating, proclaiming, fellowshiping—we will bear His fruit: love.
- When God's Spirit overflows in us, He will change our attitude toward life, how we love others, and how we understand our own identity in Christ.

Discuss Together *(pick at least one)*

- Which attribute of love—the fruit of the Spirit—do you think you need to grow in the most?
- When is it hardest for you to act and move in love?
- What is one way you can show love to those around you?

PROCLAIM

 Declare this truth based on your identity in Christ

Key Truth

Because I remain in Christ, I will bear the fruit of the Spirit.

Pray Together *(pick at least one)*

- Pray for the fruit of the Spirit, especially the aspect that seems difficult, to grow in you as you fellowship with God and others.
- Pray for yourself and your community to help each other grow more in the Spirit.
- Pray for each other's prayer requests.

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If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing.

— 1 Corinthians 13:2 (NIV)