

ESTABLISH IN CHRIST

20 JULY 2025



**For no one can lay any foundation
other than the one already laid,
which is Jesus Christ.**

— 1 Corinthians 3:11 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Thank God for the people who helped you grow in your faith.
- Ask God to help you be someone who builds others up in Christ.



MEDITATE

Engage

Start the conversation with this question...

What's one habit or routine that helps you stay grounded when life gets busy?

Key Points

Connect to God's truth by sharing...

- Establishing someone in Jesus means helping them grow deeper in their faith—not just knowing about Jesus, but staying close to Him, being rooted in Him, and building a strong, lasting relationship with Him.
- Being established starts with this truth: Jesus is the foundation we are built on. Everything we are and everything we do begins with Him.
- How do we grow in Him?
 - Pray: Be established in prayer.
 - Meditate: Read and obey God's Word.
 - Proclaim: Declare God's truth.
 - Fellowship: Walk closely with others who follow Jesus.
- Ultimately, it's God who does the deep work of establishing people, and He invites us to be part of that journey with others.

Discuss Together *(pick at least one)*

- Which of the four (Pray, Meditate, Proclaim, Fellowship) do you want to grow in the most?
- How can you help someone else grow in any of these areas?
- How are you intentionally making Jesus the foundation of your life? What's one example of that? (e.g., at work, in your relationships, during hard times)



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

I am established in Christ, and I can help others be established in Him too.

Pray Together *(pick at least one)*

- Pray to grow deeper in Jesus through prayer, meditating on His Word, proclaiming His truth, and the church community.
- Pray for you and those around you to be established firmly in God's truth, love, and hope.
- Pray for each other's prayer requests.

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I planted the seed, Apollos watered it, but God has been making it grow.

— 1 Corinthians 3:6 (NIV)