

HOPE LIVED OUT

26 OCTOBER 2025



“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

— Jeremiah 29:11 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Pray for a heart that chooses to hope in Him no matter what happens.



MEDITATE

Engage

Start the conversation with this question...

When things don't go the way you planned, what do you usually do first? (complain, try to fix it, pray)

Key Points

Connect to God's truth by sharing...

- Jeremiah's story shows us that true hope is rooted in who God is and what He has promised. Even as he watched his nation fall into exile, Jeremiah lived out hope that was:
- **Rooted in God's purpose.** When everything around him fell apart, he held on to God's call and purpose for his life.
- **Sustained by God's presence.** In the middle of pain and loss, he discovered that God's mercies are new every morning and His faithfulness never ends.
- **Anchored in God's promise.** He trusted God's promise of a hope and a future, even when he couldn't see how things would turn out.
- When life feels uncertain, we can respond with hope because God's purpose stands, His presence remains, and His promises never fail.

Discuss Together (*pick at least one*)

- Share a difficult situation you went through where God gave you hope to press on.
- For you, what would it look like to “wait quietly for the Lord”?
- We all have prayers that don’t get answered right away. How do you respond when that happens?
- Which truth from Jeremiah’s example of hope—*God’s purpose, presence, or promise*—speaks most to you in this season, and why?



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

In Christ, I can live out hope each day, trusting His purpose, resting in His presence, and holding on to His promises.

Pray Together (*pick at least one*)

- Ask God to help you trust His purpose even when things don’t make sense.
- Pray for one another to stay anchored in God’s promises through every season.
- Pray for each other’s prayer requests.

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²²Because of the LORD’s great love we are not consumed, for his compassions never fail. ²³They are new every morning; great is your faithfulness. ²⁴I say to myself, “The LORD is my portion; therefore I will wait for him.” ²⁵The LORD is good to those whose hope is in him, to the one who seeks him; ²⁶it is good to wait quietly for the salvation of the LORD.

— Lamentations 3:22-26 (NIV)