

# GOD SPEAKS

01 FEBRUARY 2026

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**1In the past God spoke to our  
ancestors through the prophets at  
many times and in various ways,  
2but in these last days he has  
spoken to us by his Son, whom he  
appointed heir of all things, and  
through whom also he made the  
universe.**

— Hebrews 1:1-2



## PRAY

- Thank God for an answered prayer this week.
- Ask God to help you listen carefully and respond to what He is saying through Jesus.



## MEDITATE

### Engage

Start the conversation with this question...

When you really want to understand someone, what helps you slow down and listen with care?

### Key Points

Connect to God's truth by sharing...

- Hebrews opens with a powerful reminder: God is not silent.
- **God now speaks through Jesus.** In the past, God spoke in different ways, but now He speaks clearly through Jesus.
- **Jesus shows us exactly who God is.** He is the radiance of God's glory and the exact representation of His nature (Heb 1:3). We don't have to guess what God is like—we can simply look at Jesus.
- **Jesus holds everything together.** He created all things, sustains all things, forgives our sins, and now reigns as King. We can rest knowing our lives and future are secure in His hands.
- Because God speaks to us through Jesus, we can talk to Him anytime, anywhere, all the time. We can also listen, respond, and walk forward in faith and trust.

## Discuss Together (*pick at least one*)

- What is one area of your life you need to trust Jesus to hold together right now?
- Think of someone you interact with daily—how might knowing Jesus' character change how you treat them?
- God made a way for us to easily speak with Him anytime, anywhere, all the time. What has God been telling you recently?
- How can you help others see what God is like by the way you live this week?



## PROCLAIM

Declare this truth based on your identity in Christ

### Key Truth

In Christ, I can hear God clearly and know how to live my everyday life.

## Pray Together (*pick at least one*)

- Thank God for speaking to us through Jesus.
- Ask for soft hearts that listen and obey.
- Pray for each other's prayer requests.

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**The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word. After he had provided purification for sins, he sat down at the right hand of the Majesty in heaven.**

— Hebrews 1:3 (NIV)