

THRONE OF GRACE

07 JUNE 2026



¹⁴Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. ¹⁵For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.

— Hebrews 4:14-15 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Pray to trust Jesus more deeply and approach Him with confidence in every situation.



MEDITATE

Engage

Start the conversation with this question...

Who is someone you feel comfortable talking to about almost anything? What makes it easy?

Key Points

Connect to God's truth by sharing...

- Hebrews reminds us that the best person we can turn to for help is Jesus, our great High Priest. Because He stands before God on our behalf, we can confidently come to Him.
- **He knows our situation and understands our struggles.** Jesus empathizes with our weakness because He experienced every challenge and temptation.
- **He is able to help us.** Jesus overcame temptation, yet never sinned. He is merciful, compassionate, and able to strengthen, guide, and help us in every situation.
- **He welcomes us with grace and mercy.** Because of Jesus' love and sacrifice, we can come to God with confidence—not in fear or shame—and receive the mercy and grace we need.
- Because Jesus is our great High Priest, we can hold firmly to our faith and approach God's throne of grace with confidence. The more we trust Him, the more we can come to Him just as we are.

Discuss Together *(pick at least one)*

- What are some situations where you find it difficult to bring your concerns honestly to God?
- What's one area of your life where you want to approach God with greater confidence this week?
- How can knowing that Jesus empathizes with us change the way we treat people who are struggling?
- What's one practical way you can show grace and understanding to someone this week?



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

In Christ, I can approach God's throne of grace with confidence and receive His mercy and grace.

Pray Together *(pick at least one)*

- Thank Jesus for being our compassionate and faithful High Priest.
- Ask Him to help us trust Him more deeply and bring every part of our lives to Him.
- Pray for confidence to approach God's throne of grace and receive His help in times of need.
- Pray for each other's prayer requests.

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Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

— Hebrews 4:16 (NIV)