

ENDURE WITH HOPE

05 JULY 2026



⁷During the days of Jesus' life on earth, he offered up prayers and petitions with fervent cries and tears to the one who could save him from death, and he was heard because of his reverent submission. ⁸Son though he was, he learned obedience from what he suffered . . .

— Hebrews 5:7-8 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Ask Him to help you trust Him and remain faithful, especially during difficult seasons.



MEDITATE

Engage

Start the conversation with this question...

Tell about a skill that became easier the more you practiced it. What made it hard at first?

Key Points

Connect to God's truth by sharing...

- Seasons of hardship are part of life, but through Jesus, we can learn how to endure with hope.
- **Our prayers are heard.** Jesus prayed like talking personally with His Father. Because Jesus stands before God on our behalf, we can confidently bring our prayers to God too.
- **Suffering can teach us obedience.** Even Jesus went through suffering, and through it He completed His mission as our perfect High Priest by fully obeying the Father. God can use difficult seasons to shape our character and deepen our trust in Him.
- **Our suffering will not have the final say.** Jesus won the final victory through His death and resurrection. Because of Him, we have eternal salvation and a hope that goes beyond any hardship we face today.
- When we follow Jesus' example, we can endure hardship with hope. Suffering is not the end of the story, because Jesus has already won the final victory.

Discuss Together *(pick at least one)*

- Share about a time a difficult experience helped you grow or taught you something valuable.
- What helps you continue trusting God when life doesn't go the way you expected?
- What is one area of your life where you want to keep obeying God, even when it's difficult?
- Sometimes faith looks like enduring difficult seasons with hope. What do you think helps people persevere instead of giving up?



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

In Christ, I can endure suffering with hope because Jesus did it first.

Pray Together *(pick at least one)*

- Thank God that Jesus understands our suffering and prays for us.
- Ask Him to help us remain faithful and obedient during difficult seasons.
- Pray that we would endure with hope, knowing that our suffering does not have the final say.
- Pray for each other's prayer requests.

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**⁹. . . and, once made perfect, he became the source of eternal salvation for all who obey him
¹⁰and was designated by God to be high priest in the order of Melchizedek.**

— Hebrews 5:9-10 (NIV)