

KEEP GROWING

12 JULY 2026



¹¹We have much to say about this, but it is hard to make it clear to you because you no longer try to understand. . . . ¹³Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. ¹⁴But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

— Hebrews 5:11,13–14 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Ask God to help you keep growing in your faith and become more like Jesus.



MEDITATE

Engage

Start the conversation with this question...

What's something you've become better at over the years? What helped you grow?

Key Points

Connect to God's truth by sharing...

- Hebrews reminds us that following Jesus is a lifelong journey of trusting Him and Him growing us in maturity.
- **We grow by remaining faithful to God and continuing to pursue Him.** Spiritual maturity begins with a heart that wants to know God more. Mature believers continue seeking, asking, and growing in God's truth.
- **We grow when we put God's Word into practice and persevere in faith.** As we obey God's Word consistently and continue to trust Him through every season, He grows wisdom, discernment and perseverance in us.
- **We grow by living with confident hope.** Because God is faithful, we can remain steadfast and encourage others to do the same. God grows us not only for ourselves, but so we can serve His people.
- Christian maturity isn't about reaching a finish line. It's about becoming more like Jesus and faithfully following Him—one step at a time.

Discuss Together *(pick at least one)*

- Since you started following Jesus, how have you seen Him grow your faith or change your life?
- What's one simple step you can take this week to help you grow closer to Jesus?
- Who is one person you can encourage or help grow in their faith by sharing what God has been teaching or showing you?
- What's one area where you feel you've stayed "stuck" spiritually? What could help you move forward?



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

In Christ, I grow in my faith every day as I become more and more like Him.

Pray Together *(pick at least one)*

- Thank God for patiently growing us to become more like Jesus.
- Ask God to give us hearts that keep learning, obeying, and growing.
- Pray for opportunities to encourage and strengthen others in their faith.
- Pray for each other's prayer requests.

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¹Therefore let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God, ²instruction about cleansing rites, the laying on of hands, the resurrection of the dead, and eternal judgment. ³And God permitting, we will do so.

— Hebrews 6:1-3 (NIV)