

ONCE FOR ALL

23 AUGUST 2026



¹³The blood of goats and bulls and the ashes of a heifer sprinkled on those who are ceremonially unclean sanctify them so that they are outwardly clean. ¹⁴How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God!

— Hebrews 9:13–14 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Pray to understand the power of Jesus' sacrifice and trust in what He has done for you.



MEDITATE

Engage

Start the conversation with this question...

What is something you can't fix by yourself, no matter how hard you try?

Key Points

Connect to God's truth by sharing...

- We cannot meet God's standard of holiness on our own, but Jesus' perfect sacrifice made the way for us to be forgiven, cleansed, and welcomed to draw near to a holy God.
- **Jesus' blood cleanses us from within.** Animal sacrifices could make people "outwardly" clean for worship, but Jesus' sacrifice cleanses us from the inside, bringing forgiveness and freedom from the guilt and power of sin, so we can live for God.
- **Jesus offered Himself once for all.** The priests had to offer sacrifices again and again, but Jesus offered Himself as the only perfect sacrifice. His sacrifice was enough for all our sins, for all time.
- **Jesus gives us a new way to live.** Because Jesus has cleansed us, we no longer have to keep trying to make ourselves right with God. We can draw near to Him and serve Him with a clean conscience.
- Through Jesus' once-for-all sacrifice, we are forgiven, made clean, and brought near to God.

Discuss Together *(pick at least one)*

- When you know you've done something wrong, what do you usually do to make yourself feel better or make things right?
- Is there something you've asked God to forgive but still find yourself feeling guilty about? Why do you think it's hard to let go?
- Hebrews says Jesus cleanses our conscience. How can knowing this help you deal with guilt or regret from your past?
- Knowing you don't have to earn God's forgiveness, what might change about the way you live and relate to Him?



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

In Christ, I am cleansed from within because Jesus gave Himself once for all.

Pray Together *(pick at least one)*

- Thank God for Jesus, whose sacrifice was the answer to our sin.
- Ask Him to help us trust in what Jesus has done instead of relying on our own efforts.
- Pray that we would live with clean consciences and serve God with gratitude.
- Pray for each other's prayer requests.

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²⁶But he has appeared **once for all** at the culmination of the ages to do away with sin by the sacrifice of himself. ²⁷Just as people are destined to die once, and after that to face judgment, ²⁸so Christ was sacrificed once to take away the sins of many . . .

— Hebrews 9:26–28 (NIV)