

FOLLOW JESUS, HELP OTHERS FOLLOW HIM

30 AUGUST 2026



¹Now in the church at Antioch there were prophets and teachers: Barnabas, Simeon called Niger, Lucius of Cyrene, Manaen (who had been brought up with Herod the tetrarch) and Saul. ²While they were worshiping the Lord and fasting, the Holy Spirit said, “Set apart for me Barnabas and Saul for the work to which I have called them.”

— Acts 13:1-2 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Ask God to help you listen for His leading and obey Him together with others.



MEDITATE

Engage

Start the conversation with this question...

What helps you follow through when you're doing something difficult or unfamiliar?

Key Points

Connect to God's truth by sharing...

- The church at Antioch shows us what it looks like to seek God together, respond to His leading, and send people into His mission.
- **Seek God together.** The church worshiped and fasted together, making space to focus on God and seek His direction.
- **Hear and obey.** When the Holy Spirit gave direction, the church responded with prayer, fasting, and faith. Similarly, we can pray and fast for wisdom and faithfully follow what God has shown us.
- **Be commissioned to go.** After fasting and praying, the church laid hands on Barnabas and Saul and sent them out. They were commissioned for the work God had called them to do, and they went on to proclaim His Word.
- God calls us into His mission together. We seek Him, listen for His leading, and are ready to go where He sends us.

Discuss Together *(pick at least one)*

- Can you think of a time when you sensed God leading you to take a step of faith? How did you respond?
- Share about a time when someone prayed with you or encouraged you when you were making an important decision. How did that help you?
- When you don't know exactly what God wants you to do, what helps you make a wise and faithful decision?
- Why do you think it matters that Barnabas and Saul were sent out with the prayers and support of the church? How can you support someone around you in following Jesus?



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

In Christ, I walk with others, seek Him together, follow His leading, and go where He sends me.

Pray Together *(pick at least one)*

- Thank God that we don't have to follow Him alone.
- Ask God to help us seek Him, listen for His leading, and respond to Him together.
- Pray for those in the church community who are serving and following His call.
- Pray for each other's prayer requests.

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³So after they had fasted and prayed, they placed their hands on them and sent them off. ⁴The two of them, sent on their way by the Holy Spirit, went down to Seleucia and sailed from there to Cyprus. ⁵When they arrived at Salamis, they proclaimed the word of God in the Jewish synagogues.

— Acts 13:3-5 (NIV)