

HOLD ON

13 SEPTEMBER 2026



**Let us hold unwaveringly to the
hope we profess, for he who
promised is faithful.**

— Hebrews 10:23 (NIV)



EVERY NATION
SINGAPORE



PRAY

- Thank God for an answered prayer this week.
- Ask God to help you hold on to the hope you have in Christ and encourage others to do the same.



MEDITATE

Engage

Start the conversation with this question...

What helps you keep going when something takes a long time or becomes difficult?

Key Points

Connect to God's truth by sharing...

- Hebrews shows us that enduring hardship is something we do together. Because God is faithful to His promises, we can hold on to the hope we have in Jesus and help one another keep going.
- **Confess our hope together.** We are strengthened as we confess and proclaim who God is and the hope we have in Him.
- **Encourage one another toward love and good deeds.** Following Jesus means intentionally encouraging—and sometimes challenging—one another to practically live out our faith through love and good deeds.
- **Keep meeting together.** This is fellowship: gathering with and encouraging other followers of Jesus to follow Him together, and helping each other endure.
- Because the One who promised is most faithful, we can hold firmly to the hope we profess and keep following Jesus together.

Discuss Together *(pick at least one)*

- When life gets difficult, what usually helps you keep following Jesus?
- Who are the people in your life who encourage and spur you on to good works? What do they do that encourages you?
- Who around you might need encouragement to keep following Jesus right now? What could you do for them this week?
- Hebrews tells us to keep meeting together and encouraging one another. How can being part of a church community help us keep going when life gets hard?



PROCLAIM

Declare this truth based on your identity in Christ

Key Truth

In Christ, I can hold on to hope together with others, because God is faithful.

Pray Together *(pick at least one)*

- Thank God that He is faithful and that we can hold on to the hope we have in Christ.
- Ask God to help us encourage one another to keep following Him through difficult seasons.
- Pray for people who are struggling to hold on to their faith, hope, or trust in God.
- Pray for each other's prayer requests.

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²⁴And let us consider how we may spur one another on toward love and good deeds, ²⁵not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

— Hebrews 10:24–25 (NIV)